

## Nature Therapy Apprentice

*We are delighted to be awarded Kickstart funding in order to employ a young person to learn about nature-based project delivery.*

*Ideal for anyone interested in a future career in social care, working with the elderly, occupational therapy, counselling, teaching, music therapy, outdoor careers such as Mountain Leaders or Forest School - as well as nature-based projects*

- To apply for this role, you must be aged between 16 to 24 years and applications must be made through your local job centre.
- Area: Isle of Wight – based in Brighstone
- Salary: Sliding scale according to age up to £8.91 per hour
- Hours: 25 hours per week
- Contract: Fixed-term contract for six months (Kickstart funded)
- Interviews will be held at our base in Brighstone
- You must be computer literate.

We are looking for someone who has an interest in sensory based work. Examples of what you may be doing include:

- Helping with drumming groups for vulnerable people around the island - no previous music or drumming experience required
- Potential for being around ponies (no riding involved)
- Being outside in woodlands and on beaches as part of our Nature Quests programme

- Making up sensory boxes of resources to send out to care homes and across the UK - helping promote same and keeping accurate records
- Generalised admin such as developing spreadsheets and databases
- Helping make short films on nature-based activities, drumming with people with a dementia, and being part of on-line training development
- You will be supported in this new role as a Nature Therapy Apprentice to develop skills you can use in your future chosen career. Training will be provided according to your own specific identified needs and you will have an opportunity to follow your own interests through the process of designing a project.
- Working with us are Researchers from the University of Bournemouth. They are helping evaluate the impact of music on people who have a dementia and their carers. Through this aspect of our overall delivery, you will gain an understanding of project design, delivery and the research techniques used to evaluate the impact of delivery.

To apply, you must want to work alongside people to enhance their mental health and wellbeing by building sensory resilience. We hope to assist you in learning more about this type of work.

We are seeking an inspiring and motivated individual with a strong interest in being amongst nature. The aim is to help kick start your career by providing the knowledge and skills required to move forward on your desired path.

Full training will be provided on delivering nature therapy and aligned practices such as safeguarding, mental wellbeing, dementia support and mental capacity.

Support will be provided to enable you to help with the delivery of our hands on and fun programmes through co facilitation and ongoing supervision. Due to the nature of the role, flexible working is essential.

For an informal discussion, more information or an application form, please call: Dr Kim Brown on 01983 740815.